



## PROGRAM SUMMARY FOR LO AND THE CSE SYLLABUS

Program	Complete CAPS content	CSE Alignment	Recommended Grades for program	Assessments	Educator/Facilitator's Guide completed	Strengths
<p style="text-align: center;"><b>NOT GUILTY</b></p>  <p style="text-align: center;"><b>TO PRESERVE THE SEXUAL INNOCENCE OF OUR CHILDREN!</b></p> <p>The training exposes minimal to violent abuse, improper sexual behaviour and the prevention thereof. During the course each chapter is discussed to highlight the psychological value of the lesson and the impact on the life of every boy or girl. Course participants can choose training material in any of the available languages. (see strengths).</p> <p><b>NB</b> Facilitator training is <u>2 days</u>. Vital information sessions vary from <u>2-3hrs</u>. Not Guilty training is a prerequisite for Never Alone training of <u>1day</u>.</p>	<p>Yes/ Only those relevant to Sexual education. The program is designed to integrate with healthy physical development. (LO curriculum)</p> <div style="border: 1px solid red; border-radius: 15px; padding: 5px; text-align: center; width: fit-content; margin: 10px auto;"><b>BIULDING A STRONG FOUNDATION</b></div>	<p>Yes mostly</p> <p>CSE starts in Grade 4, but program needs to be implemented from pre-school.</p> <div style="border: 1px solid red; border-radius: 15px; padding: 5px; text-align: center; width: fit-content; margin: 10px auto;"><b>PREVENTION IS BETTER THAN CURE</b></div> <p>Specific focus is on prevention of sexual abuse and improper peer behaviour.</p> <p>Topics addressed</p> <p>Sexuality</p> <p>Saying no</p> <div style="border: 1px solid red; border-radius: 15px; padding: 5px; text-align: center; width: fit-content; margin: 10px auto;"><b>WE DO NOT STEREOTYPE THE SUBJECT OR THE PERPETRATOR</b></div>	<p>Pre-school to Grade 3</p> <p>(Harmful information &amp; sexual misbehaviour primarily occur between ages 2-4yrs.)</p> <p>Recommended as <u>reference material</u> for Grades 4 – 7</p>	<p>Informal;</p> <p>Although re-enforcement of lesson done via <b>"A GOOD PLAN"</b> task</p>	<p>Primary caregivers struggle with the subject of <b>sexuality and pro-creation</b>. We differentiate between them.</p> <p>The <b>Facilitator's guide</b> contains all the sensitive information which is required as additional information to the contents of the child's book as well as handy illustrations which can be used while the child is trained as well as answers to general questions. It explains why we teach the child the specific issues as stated in his/her own book.</p> <p><b>Parents</b> are encouraged to use the same <b>guide</b> and attend vital information sessions.</p>	<p>Do not underestimate your child's ability to understand. The sexual perpetrator may be male, female or even another child. We need to teach the child the ability to distinguish right from wrong – regardless who the perpetrator may be. A <b>trust</b> relationship between a reliable adult and the child needs to be established.</p> <p>There are separate books for boys and girls as it is essential for the child whom we are educating to identify with the fictional character in the book</p> <p>Children's books contain colourful culturally adapted illustrations and are available in: Afrikaans, English, IsiXhosa, Portuguese, Sesotho and Zulu.</p> <p>Facilitators' Guides available in: Afrikaans, English, English with African illustrations, Portuguese and Sesotho.</p>

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<p><b>NEVER ALONE</b></p>  <p><b>TO EQUIP FOR A POSITIVE FUTURE</b></p> <p>Every 3<sup>rd</sup> child's innocence is <b>stolen</b> and he/she has a distorted image of their self worth.</p>	<p>Yes/ Only those relevant to Sexual education and immediate relational and social challenges affecting our physical and psychological health.</p>	<p>Break the cycle. By:</p> <ol style="list-style-type: none"> <li>1. Understanding power</li> <li>2. Understanding sexual interest</li> <li>3. Consent and rape</li> <li>4. Choosing the right influences</li> <li>5. Positive role models</li> <li>6. Taking action against abuse.</li> </ol>	<p>Grades 4-7</p> <p>Recommended as <u>reference material</u> for Grades 8 –12</p> <p>Especially for resident school councillors. (Great understanding of a victim is expounded)</p>	<p>The discussions and tasks after each lesson highlight the importance thereof.</p> <p>Moral right and responsibility are presented as equal partners for future choices.</p>	<p><b>Facilitator's guide</b> can be used in the classroom and is especially recommended for small group studies.</p> <p><b>NB</b> Victims of minor and/or major abuse do not re-act the same even though certain patterns are common.</p>	<p>Material available in Afrikaans &amp; English</p>

**For Value Based Sexuality Education programs visit:**



Smart Choices - [www.drdarleen.co.za](http://www.drdarleen.co.za)



No Apologies - [www.safamily.co.za](http://www.safamily.co.za)



Tomorrow's Leaders in Training - [www.tltprogram.co.za](http://www.tltprogram.co.za)